



ACADEMIC YEAR  
2017/18



GOOD  
FOOD  
THAT FUELS  
LEARNING

## MEAT SAUCES

- Amigo Meatballs**  
Pork meatballs in a spicy chilli sauce with mixed peppers
- Bangers & Beans**  
A tomato sauce packed full of baked beans and slices of sausage
- Best seller** **BBQ Chicken Torino** (H)  
Chicken and mixed peppers in a BBQ flavoured tomato sauce
- Best seller** **BBQ Pulled Pork**  
Pulled pork with mixed peppers, onions and chilli in a BBQ flavoured tomato sauce
- BBQ Sausage**  
Pork sausage in a rich BBQ flavoured tomato sauce
- Best seller** **Bolognese**  
Minced beef in a rich tomato sauce with mushrooms and herbs
- Carbonara**  
Creamy béchamel sauce with ham, mushrooms and Italian hard cheese
- Cheeseburger**  
Minced beef in a rich tomato sauce with cheese
- Chicken & Bacon**  
Chicken with bacon in a creamy béchamel sauce
- Chicken Balti** (GF)  
A classic Indian-inspired aromatic chicken curry
- Best seller** **Chicken Italiano** (GF) (H)  
A rich tomato and basil sauce with chunks of chicken
- Chicken Tikka** (GF) (H)  
An Indian-inspired spicy, tangy tomato sauce with chicken
- Chicken Tikka Masala**  
Chicken pieces in a spicy, creamy tomato sauce with coriander
- Chilli Beef**  
Minced beef & red kidney beans in a spicy tomato sauce
- Chinese Chicken Curry**  
A Chinese-style curry sauce with chicken
- Creamy Chicken Korma**  
A creamy sauce with aromatic spice, chicken and onions
- Best seller** **Firecracker Chicken** (GF) (H)  
An explosive mix of chicken, tomato, onion, chilli and spices
- Best seller** **Italian Meatballs**  
A rich tomato sauce with pork meatballs and paprika
- Smoky Pepperoni** (GF)  
A rich tomato sauce with pepperoni, garlic and oregano
- Best seller** **Spicy Sausage**  
A spicy rich tomato sauce with pork sausage
- Sweet Chilli Chicken** (GF) (H)  
A sweet and spicy tomato sauce with chunks of chicken and pineapple
- Sweet & Sour Chicken** (GF)  
A sweet and sour style sauce with chicken, oriental vegetables and pineapple
- Texan BBQ Meatballs**  
Pork meatballs in a rich BBQ flavoured tomato sauce with sweetcorn

## VEGETARIAN SAUCES

- Arrabiata** (GF) (H)  
A hot chilli based rich tomato sauce with mixed peppers
- Best seller** **Basilico** (GF) (H)  
A classic Italian-style tomato and basil sauce
- BBQ Quorn**  
Quorn pieces in a BBQ flavoured tomato sauce
- Cheese Sauce**  
A simple creamy sauce with mature Cheddar cheese
- Chinese Veg Curry** (GF)  
A Chinese-style curry sauce with a mix of vegetables
- Italian Mushroom** (GF)  
A rich mushroom sauce with garlic and herbs
- Mediterranean Pizza** (GF)  
A simple and delicious sun ripened tomato sauce with oregano
- Best seller** **Pomodoro** (GF) (H)  
A simple and delicious rich tomato sauce
- Best seller** **Tomato & Mascarpone** (GF)  
A rich, creamy sauce with tomatoes, mascarpone cheese and basil
- Vegetable Balti** (GF)  
A classic Indian-inspired aromatic vegetable curry
- Vegetable Chilli**  
A hot rich tomato sauce with vegetarian mince and red kidney beans
- Veggie Bolognese** (GF) (H)  
A rich tomato sauce with vegetarian mince, peppers and herbs
- Veggie Sausage** (GF)  
A tasty tomato sauce with vegetarian sausage coins and peppers
- Zingy Peppers** (GF)  
A zingy tomato sauce with mixed peppers and a hint of lime





# WHICH PASTA KING ?

## OUR TOP TEN

- Basilico
- Pomodoro
- Italian Meatballs
- Chicken Italiano
- BBQ Chicken Torino
- Bolognese
- Tomato & Mascarpone
- Spicy Sausage
- Firecracker Chicken
- BBQ Pulled Pork

## BEST OF BRITISH

- Bangers & Beans
- BBQ Sausage
- Cheese Sauce
- Chicken & Bacon
- Spicy Sausage
- Veggie Sausage

## INDIAN

- Chicken Balti
- Chicken Tikka
- Chicken Tikka Masala
- Creamy Chicken Korma
- Vegetable Balti

## TRADITIONAL ITALIAN

- Arrabiata
- Basilico
- BBQ Chicken Torino
- BBQ Quorn
- Bolognese
- Carbonara
- Chicken Italiano
- Italian Meatballs
- Italian Mushroom
- Mediterranean Pizza
- Pomodoro
- Smoky Pepperoni
- Tomato & Mascarpone
- Veggie Bolognese
- Zingy Peppers

## ASIAN INSPIRED

- Chinese Chicken Curry
- Chinese Veg Curry
- Sweet Chilli Chicken
- Sweet & Sour Chicken

## TASTES OF THE WORLD

- Amigo Meatballs
- BBQ Pulled Pork
- Cheeseburger
- Chilli Beef
- Firecracker Chicken
- Texan BBQ Meatballs
- Vegetable Chilli

All our sauces come with a free box of pasta for every case of sauce purchased. Choose from:

- Quills
- Twists
- Spirals
- Whole wheat

Or substitute your pasta allocation for an alternative carbohydrate:

- Basmati Rice
- Noodles

TO PLACE AN ORDER OR FOR MORE INFORMATION PLEASE CALL OUR CUSTOMER SERVICE TEAM ON  
**0800 458 7898**  
**WWW.PASTAKING.CO.UK**

Please note: Pasta and noodles contain wheat and are therefore not gluten free.

All of the chicken used in our sauces is breast meat.

All of our tomato based pasta sauces are one of your 5-a-day.

For nutritional and allergen information please refer to [www.pastaking.co.uk/pasta-king-library](http://www.pastaking.co.uk/pasta-king-library)

Pasta King may make changes to the specification of the sauces shown as we are constantly improving and updating our sauce range. Details are correct as at June 2017.

© 2017 Pasta King (UK) Ltd, Plantation House, Milber Trading Estate, Newton Abbot, Devon TQ12 4SG